

# Plenary indulgence for Catholics participating in March for Life

Anyone who attends this year's March for Life events in Washington, D.C. – and anyone who participates virtually – will receive a plenary indulgence, which is an application of God's Divine Mercy to remove the effects of past sin.

The 49th Annual National March for Life will be held in Washington on January 21. Other events, which can be attended virtually or in person, are:

- The National Prayer Vigil at 5:30 p.m. on January 20 at the Basilica of the National Shrine of the Immaculate Conception.
- The Mass for Life on January 21 at the Cathedral of Saint Matthew the Apostle.

Bishops around the country were notified of the availability of indulgences related to these events by Cardinal Wilton Gregory, archbishop of Washington.

Cardinal Gregory said virtual participation, for those who cannot leave their homes due to age, sickness, or other reasons, also includes joining the events via television, radio, and social media.

The usual conditions apply:

1. A disposition of detachment from any kind of sin;
2. Sacramental confession (on January 20-21 or within 20 days)
3. Reception of Eucharistic Communion (on January 20-21 or within 20 days)
4. Prayer for the intentions of the Holy Father (on January 20-21 or within 20 days)

The plenary indulgence may be applied to the person seeking it or for the holy souls in purgatory.