

# Appendix C

## Online-Assisted Confirmation Formation through Formed.org

Online-Assisted Adult Confirmation preparation supports a parish in accompanying adult confirmand in completing their sacraments of initiation – it does not replace parish accompaniment of the confirmand. The information below is for the adult who has been admitted to adult confirmation preparation after the first meeting and discussion of requirements for the sacrament. Nevertheless, the individual may need assistance in navigating the site, downloading materials and viewing the videos. Therefore, the person responsible for adult confirmation is to assist and accompany the adult confirmand through this process to the extent needed by the individual.

*Important Note:* For this option to be used successfully, the Adult confirmand should be an experienced online learner with a reliable high-speed internet connection or Wi Fi and the ability to download and print materials.

1. Go to [www.formed.org](http://www.formed.org) and register. The cost is \$9.99 per month, and the confirmation formation can be completed by the adult during that period. Some parishes hold a group subscription for all members of their parish. Check with parish staff about this possibility.

The online-assisted portion of this Adult Confirmation preparation will take approximately 4 - 5 hours to complete. A one-month subscription to Formed.org will provide more than ample time to complete the videos and Study Guide material.

2. Once in the site, click SEARCH in the top, left hand area of the landing page, type in **Symbolon** and hit Enter on the keyboard. Double-click on the tan-color image that says **Symbolon: the Catholic Faith Explained**
3. Once on the Symbolon page, scroll all the way to the bottom left-hand corner and click on the image that says **Symbolon: Knowing the Faith Study Guide**. Open, download, and print all sessions through Session 6 only (page 63).

4. Once the Study Guide has been downloaded and printed, begin with *Session 1* in the Study Guide (pg. 8), read and do the Opening Prayer on pg. 9. View the first video: **The Journey of Faith: Trinity, Faith & the God Who is Love**. Complete pgs. 9 – 14 in the Study Guide. Skip to *Session 5* on pg. 36 of the Study Guide and read pgs. 36 – 37. View the video: **Who is Jesus? Just a Good Man or Lord of Our Lives?** Complete pgs. 38 – 42 in the Study Guide. Skip to *Session 6* on pg. 44 and read pgs. 44 and 45. View the video: **The Paschal Mystery: The Mystery of Jesus' Death and Resurrection**. Complete pgs. 46 – 49.
5. At this point, arrangements are to be made to meet with the parish staff member responsible for Adult Confirmation (this would be the second meeting after the initial one) to review the material completed with the Confirmation candidate and answer any questions.
6. After this review meeting has been completed, return to the page where the videos have been viewed, look for the gray rectangular box with the words **Knowing the Faith** on it, and click on this box. Then click on the white drop down that says **Living the Faith**. This will take you to a new page of Symbolon. Scroll to the bottom of this new page and click on the image on the bottom left corner that says **Symbolon: Living the Faith Study Guide**. Open, download and print only through Session 2 (pg. 25).
7. Once the Study Guide has been downloaded and printed, begin with *Session 1* in the Study Guide (pg. 10), read and read through pg. 11. View the first video: **The Sacraments: Baptism and Confirmation**. Complete pgs. 12 – 14 in the Study Guide. Continue on to *Session 2* in the Study Guide on pg. 15 and read pgs. 16 and 17. View the video: **The Eucharist: Source and Summit of the Christian Life**. Complete pgs. 18 – 20 in the Study Guide.
8. At this point, arrangements are to be made for the third and often last meeting with the parish staff member responsible for Adult Confirmation to review the material completed with the Confirmation candidate and answer any questions. Information regarding the Rite of Confirmation will also be reviewed with the Confirmation Candidate at this meeting, as well as any necessary details regarding the Adult Confirmation Mass and arrangements to receive the Sacrament of Reconciliation proximate to the Confirmation Mass.