

The 3 Characteristics of Synodality: Encounter, Listen, and Discern



During his homily at the Mass opening the synod path on Oct. 10, 2021 in Rome, Pope Francis reflected on the Gospel passage in Mk. 10:17 regarding the rich man in light of the synodality to which he has called the Universal Church:

“The Gospels frequently show us Jesus “on a journey”; he walks alongside people and listens to the questions and concerns lurking in their hearts. He shows us that God is not found in neat and orderly places, distant from reality, but walks ever at our side. He meets us where we are, on the often rocky roads of life. Today, as we begin this synodal process, let us begin by asking ourselves – all of us, pope, bishops, priests, religious and laity – whether we, the Christian community, embody this “style” of God, who travels the paths of history and shares in the life of humanity. Are we prepared for the adventure of this journey? Or are we fearful of the unknown, preferring to take refuge in the usual excuses: “It’s useless” or “We’ve always done it this way”?

Celebrating a Synod means walking on the same road, walking together. Let us look at Jesus. First, he *encounters* the rich man on the road; he then *listens* to his questions, and finally he helps him *discern* what he must do to inherit eternal life. Encounter, listen and discern. I would like to reflect on these three verbs that characterize the Synod.

The first is *encounter*. The Gospel passage begins by speaking of an encounter. A man comes up to Jesus and kneels down before him, asking him a crucial question: “Good Teacher, what

must I do to inherit eternal life?" (v. 17). So important a question requires attention, time, willingness to encounter others and sensitivity to what troubles them. The Lord does not stand aloof; he does not appear annoyed or disturbed. Instead, he is completely present to this person ... Jesus did not hurry along, or keep looking at his watch to get the meeting over. He was always at the service of the person he was with, listening to what he or she had to say ...

As we initiate this process, we too are called to become experts in the *art of encounter*. Not so much by organizing events or theorizing about problems, as in taking time to encounter the Lord and one another. Time to devote to prayer and to adoration – that form of prayer that we so often neglect – devoting time to adoration, and to hearing what the Spirit wants to say to the Church. Time to look others in the eye and listen to what they have to say, to build rapport, to be sensitive to the questions of our sisters and brothers, to let ourselves be enriched by the variety of charisms, vocations and ministries. Every encounter – as we know – calls for openness, courage and a willingness to let ourselves be challenged by the presence and the stories of others.

The second verb is *listen*. True encounter arises only from listening. Jesus listened to that man's question and to the religious and existential concerns that lay behind it. He did not give a non-committal reply or offer a prepackaged solution; he did not pretend to respond politely, simply as a way of dismissing him and continuing on his way. Jesus simply listens, for whatever amount of time it takes; he is not rushed. Most importantly, he is not afraid to listen to him with his heart and not just with his ears. Indeed, he does more than simply answer the rich man's question; he lets him tell his story, to speak freely about himself. Christ reminds him of the commandments, and the man starts to talk about his youth, to share his religious journey and his efforts to seek God. This happens whenever we listen with the heart: people feel that they are being heard, not judged; they feel free to recount their own experiences and their spiritual journey.

Let us ask ourselves frankly during this synodal process: Are we good at listening? ... The Spirit asks us to listen to the questions, concerns and hopes of every Church, people and nation. And to listen to the world, to the challenges and changes that it sets before us. Let us not soundproof our hearts; let us not remain barricaded in our certainties. So often our certainties can make us closed. Let us listen to one another.

Finally, *discern*. Encounter and listening are not ends in themselves, leaving everything just as it was before. On the contrary, whenever we enter into dialogue, we allow ourselves to be challenged, to advance on a journey. And in the end, we are no longer the same; we are changed. We see this in today's Gospel. Jesus senses that the person before him is a good and religious man, obedient to the commandments, but he wants to lead him beyond the mere observance of precepts. Through dialogue, he helps him to discern. Jesus encourages that man to look within, in the light of the love that the Lord himself had shown by his gaze (cf. v. 21), and to discern in that light what his heart truly treasures. And in this way to discover that he

cannot attain happiness by filling his life with more religious observances, but by emptying himself, selling whatever takes up space in his heart, in order to make room for God.

Here is a valuable lesson also for us. The Synod is a process of spiritual discernment, of ecclesial discernment, that unfolds in adoration, in prayer and in dialogue with the word of God ... That word summons us to discernment and it brings light to that process. It guides the Synod, preventing it from becoming a Church convention, a study group or a political gathering, a parliament, but rather a grace-filled event, a process of healing guided by the Spirit. In these days, Jesus calls us, as he did the rich man in the Gospel, to empty ourselves, to free ourselves from all that is worldly, including our inward-looking and outworn pastoral models; and to ask ourselves what it is that God wants to say to us in this time. And the direction in which he wants to lead us.

Dear brothers and sisters, let us have a good journey together! May we be pilgrims in love with the Gospel and open to the surprises of the Holy Spirit. Let us not miss out on the grace-filled opportunities born of encounter, listening and discernment. In the joyful conviction that, even as we seek the Lord, he always comes with his love to meet us first.”

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