

# ❖ Virtual Meeting for Catechetical Leaders ❖

## *How Do We Better Equip Parents to be Primary Educators in the Faith in the time of COVID-19?*

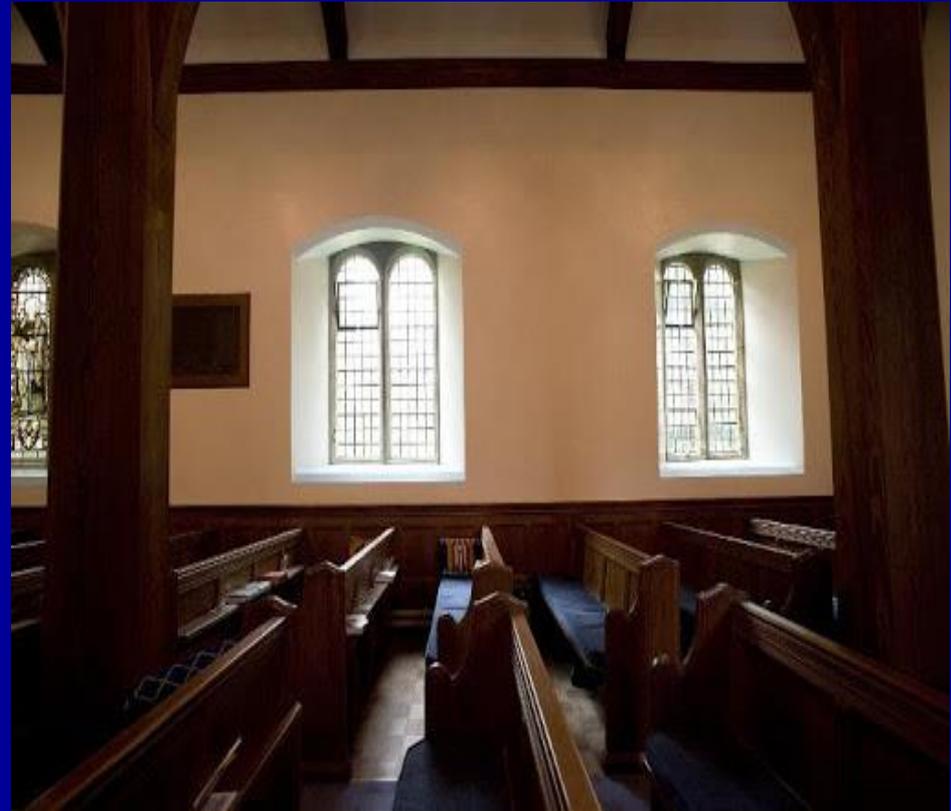
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Gloria F. Zapiain, M.A.  
Director, Secretariat for Evangelization, Catechesis and Faith Formation  
Archdiocese of San Antonio

# *Virtual Meeting for Catechetical Leaders*

Parish activities are suspended and the reception of First Eucharist and Confirmation is on hold. Nevertheless, the parents of our children and youth in our parish programs are often stressed – now more than ever; they have many concerns. How can we support parents in their role as Primary Educators of their children in the faith in the time of COVID-19 without adding to their obligations?



**While parish activity is limited - this is the Moment for  
the Domestic Church to blossom**

*“The family, is so to speak, the Domestic Church.”  
(Lumen Gentium #11)*

**This means that it is within the context of the family that  
we first learn who God is, how to pray,  
and seek His will for us.**

How then, can we help build up the Domestic Church in a way that assists all the members of the family?

We provide Tools –  
Tools for building a Domestic Church



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- ✓ Help Parents create a sacred space or “family altar” in their home. Some ideas:  
<https://www.catholicicing.com/how-to-set-up-a-home-altar-catholic-home-altar-ideas/>
- ✓ Show Parents that it is not difficult to pray regularly as a family. Some examples:  
<https://teachingcatholickids.com/catholic-prayers/>
- ✓ Help families create family traditions based on the seasons & feasts of the liturgical calendar. Ideas:  
<https://www.growchristians.org/2017/12/14/three-keys-to-living-the-liturgical-year-at-home-without-overwhelm/>

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- ✓ While keeping in touch with family and friends, don't forget your parish family! Other ideas:  
[https://www.dailyunion.com/news/covid-19/local-churches-get-creative-to-stay-in-touch/article\\_63f5cb4d-e319-526d-827e-86a8e51d4e6c.html](https://www.dailyunion.com/news/covid-19/local-churches-get-creative-to-stay-in-touch/article_63f5cb4d-e319-526d-827e-86a8e51d4e6c.html)
- ✓ Keep Sunday Special. For the list of livestreamed Masses go to:  
<https://www.archsa.org/covid-19#livestreams>

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## Assisting parents to help children cope with the upheaval

- Limit children's media exposure to ongoing media reports on the virus.
- Reassure children that you will keep them safe.
- Retain some routines.
- Remind children that "this too will pass."
- In family prayer, include those who are ill, those who care for them, and those who are suffering for any other reason related to the outbreak



**Our Lady of Guadalupe, Star of the New  
Evangelization, Health of the Sick, and Empress of the  
Americas – Pray for Us!**

