

## Discernment Conversation

### Teen meeting with Sponsor/Parent of Teen

**Sponsor:** Please talk with your teen about his or her growth in faith. Please also take time to share what your faith means to you, what doubts you've had, and how you have seen yourself grow. **Begin with prayer.**

**Discuss with teen:** Do you remember the first day you came to RCIA? What were you thinking? What were you feeling? Do you think / feel differently now? Explain.

**Faith companion / sponsor share:**

- Tell a little about your own faith journey. Did you have "ups and downs" when you were a teen?
- \*\*\* What does Jesus Christ mean to you in your life now?
- Why are you a practicing Catholic today?

**Sponsor: ask and discuss with teen the following questions. Make notes about the answers.**

What does Jesus Christ mean to you in your life now? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Besides coming to church on Sunday, what difference does being a "real" Christian make in you --- at school? at home? with friends? on dates?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you seen yourself change in the last few months? Explain.

(for example)

- Do you pray each day?
- Do you read the Bible?
- Do you think about God more than you did last year?
- Are you more kind, honest, fair, respectful, etc. to family, friends and teachers? (Tell how.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Make a list of some of the things that you have learned about God and the Catholic Church. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you still want to know? \_\_\_\_\_  
\_\_\_\_\_

Are you going to Mass every Sunday? \_\_\_\_\_ Why or why not? \_\_\_\_\_  
\_\_\_\_\_

What prayers do you know? \_\_\_\_\_  
\_\_\_\_\_

One or two of the most important things I have learned:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

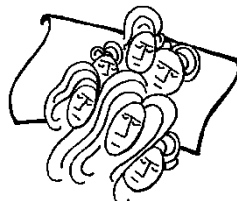
To me, Jesus Christ is \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

To me, being Catholic means \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I believe that I am ready yet to be confirmed and to receive  
(circle the sacraments your are preparing for) **Baptism / First Communion / Confirmation**  
because \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I want to wait to celebrate sacraments because \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Teen Name** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Teen Signature** \_\_\_\_\_



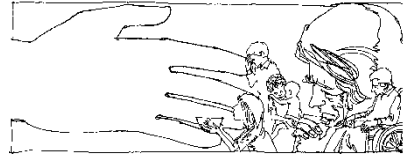
*Share in the  
gospel's blessings.*

## Sponsor/Parent of Teen Discernment

Name of teen: \_\_\_\_\_ age: \_\_\_\_\_

I have been walking the faith journey with \_\_\_\_\_ and I give testimony to what I have witnessed:

About he / she has spiritually grown:



About his / her prayer life:

About his /her Mass attendance:

About his / her living of the Catholic faith:

About his / her knowledge of the faith:

About his / her connection with Blessed Perfection Parish community:

I would / would not recommend \_\_\_\_\_ for celebration of the sacrament(s) of Baptism / Confirmation / Eucharist because

Sponsor name \_\_\_\_\_ date \_\_\_\_\_

Sponsor signature \_\_\_\_\_

## Catechist Discernment

I believe \_\_\_\_\_ needs more time for formation before being fully initiated in to the Church.

I recommend that \_\_\_\_\_ be fully initiated into the Catholic Church because \_\_\_\_\_

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**Catechist name** \_\_\_\_\_

**Catechist signature** \_\_\_\_\_

**Date** \_\_\_\_\_



## Family Group Discernment Time

Begin with a prayer with your child(ren). Ask God to help you both see how much the child's faith has grown.

*(It is important that the child have the freedom to have written down what he or she really thinks! Put only their ideas on the paper – not the parent's!)*

**Ask:** Do you remember the first day we came here? Can you describe what you saw, felt, heard, wondered about, etc.?

**Parent/ Sponsor: First, share YOUR faith story!** Take a few minutes to tell your child what Jesus means to you. Tell him or her about your faith when you were growing up, and why you are Catholic now.

### Discernment:

Ask your child to help you make a list of some of the things he or she has learned about God and the Church. *(Look at pictures in the books to help remember.)*

Ask: How do you act more like a friend of Jesus than you did last summer?  
*(Help write down the answer.)*

Do you want to be baptized, receive First Communion, and be Confirmed? ? Tell me why. *(Write down his or her exact words. Accept whatever answer he or she gives you.)*



**Child name:** \_\_\_\_\_ **date:** \_\_\_\_\_

**Child's Signature** \_\_\_\_\_

## Family Group Sponsor / Parent Discernment

I have witnessed the growth in faith in \_\_\_\_\_.  
(name)

**He /she has grown in these ways:**

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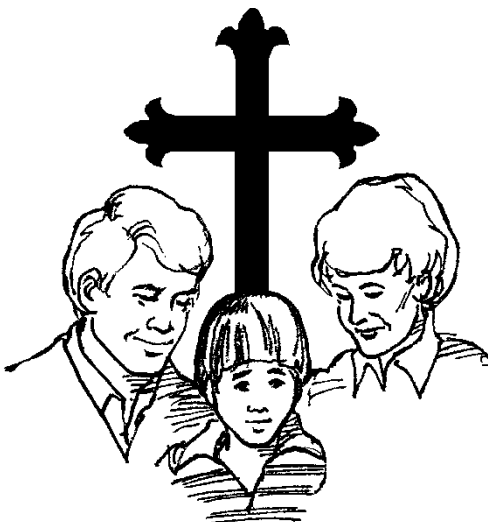
I believe \_\_\_\_\_ is ready to be initiated into the Catholic Church.

I believe \_\_\_\_\_ needs more time for formation.

**name** \_\_\_\_\_

**signature** \_\_\_\_\_

**date** \_\_\_\_\_



**Adult Sponsor and Candidate/ Catechumen Discernment Discussion**

**Begin by praying together.**

**Sponsor ask:**

What did you feel / think/ wonder the first day you came to RCIA?

**Sponsor share:**

Tell what Jesus Christ means to you in your life now. Tell why you are a practicing Catholic.

**Sponsor ask:**

What growth in faith have you seen in yourself? Attitudes? Behaviors?

**Sponsor share:** Tell him/her what growth in faith you have observed in the person. What good things have you noticed about the person?

**Sponsor ask:**

- What does Jesus Christ mean to you in your life today?
- Why do you want to be Catholic (or complete your initiation)?
- What are some things that you like about Blessed Perfection Parish?

***Do what is true.***

Jn 3:21



I believe \_\_\_\_\_ is ready to prepare for reception into the Catholic Church / full initiation into the Catholic Church. I give this testimony:

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**Sponsor Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Sponsor Signature** \_\_\_\_\_

## Adult Self-Discernment



*This great nation is a wise  
and discerning people!*  
Deu 3:6

**Spend some time in prayer. Then tell how you have seen your relationship with Jesus Christ grow in the last several months. (For example: Have you noticed changes in yourself? Have you changed your attitude about some things? Are there things you stopped doing? Have you started doing some things differently? Etc.)**

**Do you relate differently to Jesus now than when you first came to Blessed Perfection Parish?**

**Why do you want to become Catholic or complete your initiation into the Catholic Church?**

**Name** \_\_\_\_\_

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_